

# Classroom News



Class Name: Dunnottar

Term: Autumn 1

2020

## What we have been learning this term:

Happy Half Term! What a fantastic start to the year! Dunnottar have welcomed some familiar and new faces to its classroom. We have been operating a recovery curriculum which has allowed for us to explore our emotions and experiences fully. Students have been engaged in the following:

- Stop Motion Animation with Anna
- Cooking for the whole of Post 16 (so yummy!)
- Sensory Afternoons where we have made balloon stress balls, sensory filled bags, unicorn dough, sensory bottles, slime, water beads and even had a foot spa or two!
- Wellbeing sessions have focussed on the subject matter of Adversity as well as explored meditation and its benefits.
- Students have planned World Mental Health Day for the whole school encouraging classes to take part in activities that support regulation and enjoyment.
- We have dabbled in some gratitude nature photography where students reflected upon nature and how things have changed since COVID.
- We have created LOTS of artwork that focusses on self-esteem and how others see us.
- P.E, as always has been lively and full of enthusiasm. We have played bench-ball, tag bulldog, basketball and quick race cluedo!
- Experience Afternoon has allowed for exploration of activities such as table tennis, pamper, art and crafts, singing and dancing and Wii skills. We have also enjoyed taking some of these skills and applying them to lunch clubs; dance, colouring and feel good and fabulous.

It has been truly fabulous to be back at Post 16 and the Dunnottar Team are extremely proud of how well students are doing. Have a very restful half term break and we look forward to seeing you on Monday 2<sup>nd</sup> November.

## Some photos of our learning

