



The Castle School Recovery Curriculum: An Overview

As a school community our focus is now around how we support your child to work through any challenges and or anxieties they may have experienced over the past few months or ones that they are likely to continue to be exposed to in the future. Some of our students have many unanswered questions so it is important that we provide as much scaffolding as is possible to help them understand why their daily lives have been changed and how we are all working towards achieving some kind of normality.

A wealth of information has been produced around a 'recovery curriculum'. The reasoning behind this is for it to support our young people recover from their experience of the pandemic. Therefore whether your child is in school, or at home, learning may appear in a very similar format as we have been sending out but it will now be based on themes of recovery whilst we bear in mind the variety of experiences they have all been through.

The overriding themes are as follows:

Safety, Connection, Belonging, Reassurance, Empathy, Self-Care, Self-Esteem and Emotions.

These are then broken down into 6 areas in which the themes of recovery can be expressed through. They are as follows:

Communication, Community, Sensory, Physical, The Arts and Wellbeing.

Staff will assist as much as possible to ensure that learning around these themes and areas support for you and your child as we take steps moving forward. Our aim is that by adopting this approach all of us will benefit as we process recent world events.

As always please do not hesitate to get in contact with your child's class teacher or Jackie or Pauline from Pastoral Support.

We will only be too pleased to support you with this.