## Classroom News

Class Name: Blaise Term: Term 1 2023-2024 Topic: Marvellous Me

## What we have been doing this term:

We are all so marvellous that we have been dedicating a whole topic to celebrating ourselves!

Our story this term was 'All My Treasures – a Book of Joy' by Jo Witek, which – along with Jo Grace's 'Like Box' – inspired us to make our own 'Love Boxes'. These will be filled throughout the year, as we place any sensory items and toys into them that the pupils enjoy and make them happy to assist with self-regulation at times when they feel sad, uncertain or anary.

Our big focus has been body awareness. To create a self-portrait, the pupils looked at their reflections in a mirror and then chose two colours they felt represented them. We then placed the paints chosen on the mirror and let them explore it and paint their refection, before printing their marks onto a black and white photo of themselves.

They have explored what they can do with their bodies by activating toys, fans, whisks and music with switches and have stretched out on a soundboard covered in a space blanket to help them hear their movements which were recorded using carbon paper under their hands and feet. For phonics we have passed a bag containing simple instruments, they then chose their two favourites from the selection and listened to one being played before indicating which they thought they'd heard. These sessions were ended with them having help to play each one to the steady beat of a song.

When thinking about emotions we clowned around with custard pie splat and a squirting flower, which everyone found hilarious, and selected various coloured sensory paints to stamp in when thinking about anger and frustration. In cooking the ingredients to make meringues that were sweet, lemon curd that was sour and salty salt-dough which we used to make Halloween decorations, were explored.

We have been lucky enough to have a lot of musical experiences these past few weeks. In addition to our usual Music Therapy, we had a visit from the Philharmonic Orchestra where the pupils conducted the musicians with their movements and have had Friday jamming sessions with Aaron in the Primary hall with friends from other classes while playing instruments and dancing along to the sonas.

All of these activities have inspired them to communicate using various aids. They have practiced standing, stepping and dancing using the ceiling hoist and have worked hard on their physio targets daily as well as in Rebound and Hydro. Well done Blaise Class!

## Some photos of us!



Dates & Points to remember:

Last day of term: Thursday 19<sup>th</sup> October First day back: Monday 30<sup>th</sup> October