

# PSHE/Life Lessons Newsletter



Term: Summer term 2 2022

(Personal, Social and Health Education)

## Celebrations of our learning this term:

At the Castle School, we work really hard in PSHE, and have some celebrations to share with you.

Many students have been working on their Wellbeing passports, which helps you to think of ways to improve your wellbeing. A student in Post 16 make a fruit snake as part of his challenge.

We had a fabulous Jubilee picnic and whole school activities. Our student voice, P4PC organised and run the activities, which included several from the wellbeing passport. We had a water obstacle course, den building, a queen made out of natural materials and physical activity bingo, to name just a few of the activities. It was wonderful to see the whole school together, and definitely a fabulous day for well-being! We also had a brilliant Sports day, with a great atmosphere, so thanks to all that came to support us. Pembroke had a Sports day award ceremony, with medals, which was lovely. We have had an amazing time being together again, and of course need to mention the whole school band stand performance at Victoria park. Students performed with enthusiasm and energy. Being able to sing The Castle School song altogether, as our finale, after such a long time not being able to, was a very special moment; we love Castle school!

Here some PSHE achievements from classes across the school:

Wallingford finally harvested a bumper crop of potatoes and are very proud of their hard work. Well done Wallingford!

Pembroke class have been learning about their bodies in their PSHE lessons, and we able to draw around their bodies in the playground.

Key stage 4 were fortunate to welcome Natalie into school to deliver an introduction to First Aid and the students were amazing. There was so much discussion going on and the vibe in the hall was wonderful. Natalie taught them how to put someone in the recovery position and how to respond to a bang to the head, a seizure and a burn and severe bleed. Natalie thanked them for

## Some photos of our learning



being such a wonderful audience and said she would love to come back!  
Skipton class have been learning to identify strangers and people they know.  
Well done to all students for their brilliant community spirit and hard work in PSHE this year. Thank you to parents and carers for all your help and support. We hope you all have a wonderful summer holiday and we look forward to seeing all the pupils again in September, when we can share more fabulous PSHE work with you.



**We are proud to announce that The Castle school is now a National Online safety certified school.**

All our Teachers, TA's and Safeguarding Leads have completed their annual certificate for online safety, so that we can help keep our pupils safe online. Many staff have also accessed other courses and seminars. Teachers are able to use the resources and planning to ensure that we are giving our students relevant and up to date online safety lessons, throughout the year. Some parents and carers have signed up, and are able to complete courses and access important internet safety guides for their child. We are hoping that more parents will sign up soon. If you would like to sign up to help your child stay safe online, please do. (Information on how to do this is on the attached letter.) We have put some useful courses in the watch list, once you log on.

We are sure that you will agree that online safety is so important to keep everyone safe, which is why we are committed to training our staff and giving our pupils the best possible lessons and care. We are looking forward to more parents joining us with our National Online safety journey.

**If you would like a parent login, for National Online safety, to make use of the brilliant training and resources, please follow this link:**

**<https://nationalonlinesafety.com/enrol/the-castle-school-2>**