

PSHE/Life Lessons Newsletter



Term: Autumn term 2 2022

(Personal, Social and Health Education)

Celebrations of our learning this term:

At the Castle School, we work really hard in PSHE, and have some celebrations to share with you.

A member of Windsor class is working very hard to eat lunch by herself, including opening her pots. Well done. Many classes joined in with Children in Need day and made some fab Pudsey ears!

Skipton class have been working on their fine motor skills, students were given a selection of fine motor activities and some chose wooden numbers that you put the correct amount of pins in. Some pupils used a pincer grip to put the pins into the number and were very engaged in this activity.

Pembroke have been practicing brushing their teeth, and some are really enjoying this activity.

Plympton class have been thinking about healthy eating and have been learning how to cook eggs in different ways.

P4PC planned a fantastic Harvest day, on the end of last term. They worked really well as a team, to bring the school together. Dover class were the overall winners of The Great, Castle School Harvest Bake off! Well done Dover class. Everyone came together for sensory activities, games and crafts.

Thank you for your generous donations to the food bank. You donated 139.5kg of food and essentials to the food bank, which is the equivalent of 293 meals, helping to feed 14 people, with 3 meals, for 7 days.

P4PC are now working on making wellbeing bags, to have in the library. Well done to all students for their brilliant community spirit and hard work in PSHE this year. Thank you to parents and carers for all your help and support. We hope you all have a wonderful Christmas holiday and we look forward to seeing all the pupils again in January, when we can share more fabulous PSHE work with you.

Some photos of our learning



The Castle School are working towards being a National Online safety certified school for 22-23. We are nearly there, but we need a parent to complete a course.

All our Teachers, TA's and Safeguarding Leads have completed their annual certificate for online safety, so that we can help keep our pupils safe online. Many staff have also accessed other courses and seminars. Teachers are able to use the resources and planning to ensure that we are giving our students relevant and up to date online safety lessons, throughout the year. Some parents and carers have signed up, and are able to complete courses and access important internet safety guides for their child. We are hoping that more parents will sign up soon. If you would like to sign up to help your child stay safe online, please do. We have put some useful courses in the watch list, once you log on. We are sure that you will agree that online safety is so important to keep everyone safe, which is why we are committed to training our staff and giving our pupils the best possible lessons and care. We are looking forward to more parents joining us with our National Online safety journey.

If you would like a parent login, for National Online safety, to make use of the brilliant training and resources, please follow this link:

<https://nationalonlinesafety.com/enrol/the-castle-school-2>

